

Maryland State Department of Education  
Division of Rehabilitation Services  
**SUBSTANCE ABUSE INFORMATION SHEET**

The Division of Rehabilitation Services (DORS), a state agency within the Maryland State Department of Education, administers programs authorized by the federal Rehabilitation Act of 1973, as amended.

- DORS helps people with disabilities prepare for, find and keep suitable employment.
- Some people with disabilities also have a history of substance abuse.
- Active substance abuse often interferes with successful employment

If you have a disability and also have a problem with substance abuse, DORS may provide support and information that will assist you in maintaining a productive lifestyle while in recovery.

Be sure to discuss with your addictions counselor your readiness to begin employment planning. Bring available documentation of treatment and/or readiness for employment when you meet with your DORS counselor.

**Recovery** is the process by which a person learns new meaning in life beyond the illnesses of substance abuse and mental illness. When individuals are “in recovery” it is implied that they are abstinent from substances, but also that they are participating in life activities that are meaningful and fulfilling for them. Recovery also implies that the person is able to function in meaningful activities despite symptoms of mental illness. Integrated dual diagnosis treatment...is designed to help people not only become abstinent, but to enter a recovery process. *Source: Evidence-Based Practices; Shaping Mental Health Services Toward Recovery, Co-occurring Disorders: Integrated Dual Disorders Treatment Workbook, Chapter 1, SAMSHA’s National Mental Health Information Center, Center for Mental Health Services.*

**Signature/date:** \_\_\_\_\_

RS-1d 4/06

See your DORS counselor to obtain this information sheet in large print, in Braille, on disk or in other format.